

Raindrop Technique and Vibrational Raindrop Technique

Essence of Pure Living

Your Health & Wellness
Advocate



Intake Form

Full Name _____ Date _____

Location of Appointment _____ Phone _____

Email _____

May we add you to our mailing list? Yes // No

Important Note about Essential Oils and Allergies

There are no amino acid/proteins in Young Living Steam Distilled Essential Oils, so allergic reactions are not possible. If you have a skin reaction to a Steam Distilled essential oil, it is a detox reaction or sensitivity. However, Citrus Oils are Cold Pressed, and proteins remain in the essential oil, thus an allergy can possibly occur with a citrus oil. Please confirm if you are allergic to any citrus fruits. Also, nuts crushed for fatty oils that are used in our raindrop carrier oils will also contain proteins, thus an allergic reaction may occur if one is allergic to the nut. Please inform us if you have an allergy to nuts and which kind. The standard Raindrop session does not contain citrus oils.

There are some considerations we should review (if you have any of the following Allergies or Medical Concerns) that could influence your Raindrop session and how we plan for it.

1. Allergies to any Citrus fruits? _____
2. Allergies to Nuts or Seeds? (If yes, we will adjust the carrier oil used.) _____
3. Allergies to anything else? _____
4. Currently Pregnant, trying to become Pregnant or Breast Feeding? _____
5. Hypertensive (High Blood Pressure)? _____ Hypotensive (Low Blood Pressure)? _____
6. Currently are Epileptic, or have a history of Epileptic seizures? _____
7. Are on Cardiac medications or are a Transplant Patient? _____
8. Are a MS Patient (Multiple Sclerosis)? _____
Or have a neuralgia that makes you sensitive to heat? _____
If yes, what temperature do you want your "warm compress"? (Cold, Cool or Lukewarm) _____
9. Paralyzed in any of your limbs? _____
10. Lower Limb amputee? If so, we can perform Vita Flex on the hand or "phantom limb." _____
11. Any back issues or back surgeries? _____
12. Currently having any rashes, skin sensitivities or open sores/wounds? _____
13. Any other issues, conditions or concerns I should know about before we begin? Describe Below.

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14. Pre-Evaluate: How do you feel Physically, Mentally and Emotionally before we begin?
Physically: _____
Mentally: _____
Emotionally: _____

Past History/Toxin Exposure/Detox (please circle all that applies to you):

1. Looking back at your life experiences and work history, have you ever been exposed to:
At home- Chemicals, pesticides, herbicides, photo chemicals, etc.?
At work- Beauty Shop, Auto Body, Professional Housecleaning, Farming, Hospitals, Road crews/
paving, Painting, etc.?
2. Do you Smoke? Yes // No Have you ever smoked? Yes // No
3. Alcohol Consumption? Yes // No How much? _____
4. Illicit drug use? Yes // No
5. Are you on any Medications? Yes // No

The essential oils used and the Vita Flex work performed along the spine during a Raindrop Technique can bring about a detox reaction within the body that can last for up to seven days after your session. It is important to drink lots of water to stay hydrated every day, but especially after a Raindrop Technique session to help keep detox symptoms to a minimum. The best way to remove unwanted toxins from the body is through urine and sweat. The best way to accomplish this is to flush them out with plenty of clean water. Be sure to drink at least half your body weight in ounces of pure water per day for the next seven (7) days. (Tea, soda, sports drinks, alcohol, and other beverages are not pure water!)

Checklist

- Have you read the “11 points for Raindrop Technique”? Would you like to proceed?
- Some of the oils used during the Raindrop Technique can cause the skin to warm up or become itchy. If this happens, please let me know right away so I can cool it down and it does not become uncomfortable for you.
- Are there any areas of the neck/shoulders/back you would like me to focus on today?
- Review and Sign Informed Consent Form
- Remove all metal
- We could do an iTovi session before we begin. I may use one of your essential oil suggestions for your raindrop session. Indicate if interested.
- Please use the Restroom before we begin.
- Measure Height of Client. (As the muscles, ligaments, and fascia of the back warm and soften with the oil application and techniques used, the back will straighten a bit and we can see the ‘growth.’ Before and after measurements can be taken; this is not necessary.) Indicate if interested.

Post Session

- * Facilitator observations during Raindrop Session: _____
- * Re-measure client.
- * Schedule future appointment.

Please call Sherry at 814-883-0006 if you have any questions/concerns or want to schedule another session. Essence of Pure Living would like to help you be your best you!

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